



A guide for Eastcote Captains, Coaches, Players, Umpires & Spectators



Updated: 18th May '21 – v6 – Stage 3 (17th May – 21st June 2021)

General:

Self-assessment:

Before travelling to any hockey you must first undertake a self-assessment.

Please do not attend any hockey if you or anyone in your household has COVID symptoms, or have been told to isolate (incl being sent home from school)

If you become ill with COVID symptoms within 48 hrs after hockey: inform your coach/captain/covid officer.

Playing:

- All players must arrive changed
- Please arrive no earlier than 30 minutes before PB
- Bring your own sanitiser. There will also be sanitiser at the pitch/clubhouse
- Please observe all clubs' guidance and signage

Spectators & Parents

Spectators are allowed. If you spectate, keep socially distanced, check in and sanitise

NEW: Car Sharing

Car sharing is now permitted. The vehicle can have max 6 people or two households. Please protect passengers by keeping windows open, sanitizing etc

The Pitch has a one way System

Entry – walk through the entry gate and go to the far end of the pitch alongside the spectator area.

Once the previous team has cleared the dug out, then enter the playing area

Exit - At the end of the game, please clear the dug out quickly and leave via the gate you entered

Teas & Changing Rooms:

There are no teas and changing rooms will stay closed for the time being.

Toilets are available in the Clubhouse – please wear a mask

Bar: planned to open 29th May TBC

- Table Service only
- Only tables of 6 (or two households) available indoors
- Please adhere to the one way system
- Wear a mask until you are seated

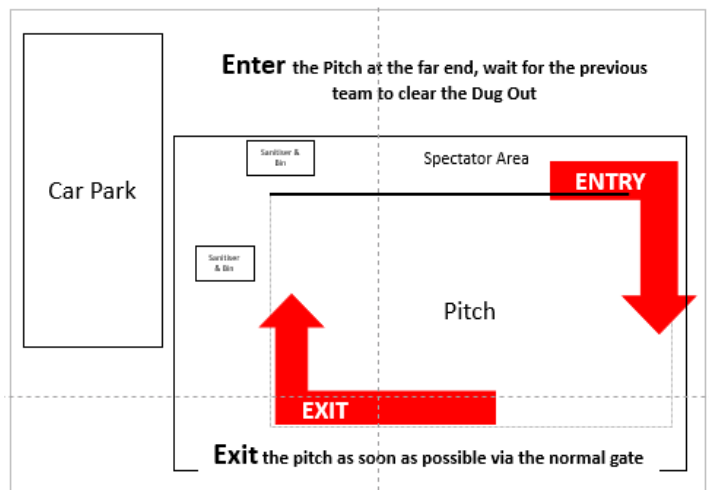
Participation Forms

Please ensure the two forms are completed – Participation & Attendance.

1. Participation Form

This only needs to be done once, if you've done it already, no need to do it again. Click on the link: [England Hockey online form](#)

2. Attendance Form for all players, spectators & officials. NEW: This is now a condition of entry to the hockey cage. Must be completed for all matches (home & away) & training. Link below [Eastcote Hockey Club Attendance online form](#)



Let's have a safe & enjoyable return to hockey

Subject to change following Government and England Hockey guidelines